

For immediate release:

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Proposed Muskie Center Renovation Targets Improved Services for Area Residents

(Waterville, December 18, 2007) – For over 28 years the Edmund S. Muskie Community Center has been a hub of activities and services for older adults in the upper Kennebec County region.

“Services such as Meals on Wheels, social dining, adult day care, information and assistance with a host of medical insurance and prescription drug programs, wellness programs, and a wide variety of activities of all types have kept the center in the forefront as a gathering place and a vital part of the community,” according to Debra Silva, Senior Spectrum Vice President.

“But times are changing,” Silva said. “The upcoming baby boomers constitutes a new generation that is finding opportunities for rich life experiences that outweigh the challenges of decline that are normally associated with advancing years.”

Silva said that these active agers are not content to stay at home. They seek physical and intellectual activities, personally rewarding challenges, embrace new experiences, and pursue cultural interests.

To meet these new challenges, Senior Spectrum in partnership with the City of Waterville is applying for a Public Facility Community Development Block Grant to renovate the Muskie Center. “The proposed renovation will serve a twofold purpose,” Silva said. “Part of the renovation will improve the health and safety of the individuals in the adult day care program and part will reconfigure the center to allow us to offer new and expanded programs through a new concept called the Cafe Plus.

The Cafe Plus will be an entirely new dining experience where the benefits are much more than food and nutrition, Silva explained. The cafe will be a gateway to a host of programs and resources for older adults that will enable them to be healthy, to be engaged in their communities, to be renewed, and to be independent.

Silva stated that Senior Spectrum is looking for comments from the public concerning this new direction proposed for the Muskie Center. Interested persons can contact Debra Silva at 1-800-282-0764 x 120 or email her at www.seniorspectrum.com.