



FOR IMMEDIATE RELEASE
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SPECTRUM GENERATIONS NEW ADULT DAYBREAK ADMINISTRATOR



(Augusta – June 6, 2008) SPECTRUM GENERATIONS, formerly Senior Spectrum, is delighted to introduce Susan Garascia as its Regional Adult DayBreak Health Program Administrator. Garascia's duties will be to manage the agency's four adult day care programs located in Spectrum Generations community centers in Hallowell, Belfast, Waterville, and Skowhegan.

Spectrum Generations Adult DayBreak Program provides a safe environment during any part of the day for older adults or people with disabilities to remain able, active, and alert. It is designed to enhance the self-esteem, well-being, and dignity of each participant, and also provides a variety of health, social, and other support services.

Garascia has a bachelor's degree of science in nursing, a master's degree of science in business, and over two decades of healthcare and management experience in acute and long term care settings.

For more information about Adult DayBreak, contact Spectrum Generations at 1-800-639-1553 or visit our web site at www.spectrumgenerations.org.

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